Abstract

This is a story from inside the child psychotherapist’s room. Victor, who is two and a half years old, has lost his mother and a younger brother in a car accident. He is “sunny and happy” and does not ask for them. Victor is a child in deep crisis and comes for a crisis therapy. In this seminar we will follow Victor for his fifteen treatment sessions. He shows through play and activities how he is followed and piloted through his grief. The healing by play therapy is depicted in words and pictures out of the perspective of both patient and therapist. The crisis therapy will work as the first link into a new future. In spite of the tragic reasons for the meetings, “A Big and a Little One is Gone” is a documentary story which brings both hope and courage.


Elisabeth Cleve
Erica Foundation, Stockholm, Sweden
elisabeth.cleve@ericastiftelsen.se